

THE MODEL OF SEXUAL EDUCATION TO EARLY CHILDHOOD

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ABSTRACT

The rise of sexual offense cases on children is currently being debated that triggered the attention of many parties. Starting from forensic experts, legal experts, even cleric have discussed this issue. Gelding punishment also allegedly able to bring a deterrent to perpetrators. But, the discussion about the perspective of sexual education is less. On the other hand, it is still taboo to discuss our society generally. When examined closely, the real of meaningful education humanizing considered; the perpetrator and the victim are both "Victims" were separated from completely educational purposes. Therefore, it is necessary to study, how to introduce the good sexual education model for children of this nation, starting from the very early age children (from birth to six years old). This model will be a specific target that can be used either in his early education at home or in preschool. The long-term goal is the creation of the model is expected to provide a form of sexual education for children and potentially reduce or even eradicate the occurrence of sexual crimes in the future. These objectives can be achieved through the Research and Development method (R & D) conducted by collecting data, developing the design, test, the test of feasibility and implementation of the product. Design tested had wrought value products that are eligible becoming implementation and publication of sexual education for young children. This research process is divided into two parts; the first year, researchers developed a model of sexual education for children the age of 0-3 years old and the second year, the researchers developed a model of sexual education for children the age of 3-6 years.

Keywords: Education, Sexual, Early childhood

INTRODUCTION

Every child has the right to live safely and peacefully like the other adults. In accordance with the consensus of children rights issued by UNICEF on page one stated, that the child should be protected, especially on childhood time that requires care and special mentoring (www.unicef.org). Children are also entitled to receive educational services from an early age as mandated in the Minister of Education and Culture No. 137 of 2014 on National Standards of Early Childhood Education. That rule states that education at an early age since the child was born until the age of six years. However, in the reality, not all children in that age who get the right protection and education as it should be.

Not only did not get an education in general, even the children are victims of violence committed by people where they are living in. A sense of security is lost. Harassment, violence and even sexual crimes are also common. Every day there's always news of sexual abuse committed against minors. The victim even brutally murdered with multiple actors. The example was the case of Emon in Sukabumi that became one-row cases popping up, one with the other (<http://lipsus.kompas.com>). Furthermore, Yuyun is the next victim in Bengkulu has added the length of treatment numbers called as a "national emergency" against the sexual abuse of children today.

Indonesian Child Protection Commission (KPAI) recorded 1,726 cases of sexual abuse that occurred since last year in 2015, 58% of them suffered by children. These data increase if compared to the previous year with 52% of child victims (<http://news.okezone.com>). It shows how a child's face of Indonesia in the spotlight for more attention in terms of sexual education. The government has made various efforts to fight with child sexual offense cases from the side of the law and police, but the underlying root of the problem has not been resolved. The basic problem in question is the education side; both victims and perpetrators are equally human beings who must be educated sexuality. There are also the efforts of non-governmental organizations, among them the action "Let's talk" that makes the victims dared to suggest that particular person even their own parents (Metro TV; Mata Najwa, ejournal.unesa.ac.id). However, this always happens after the person becomes a victim. It would be nice if the education implemented very soon as the preventative action to stop the sexual crime.

What kind of education model that would be the solution? This question should be thinking academically so that people have clear reference. Until now, Indonesia has not had sexual education model design to make children have sensitivity on sexual information better. The society considers that sexual issues are taboo items that should not be discussed in public. Besides, sex is an education part of the human body itself, which should be known and discussed. Some adults taboo to discuss sexual education, even more when faced to children. In addition, the children especially on early age have very sensitive period known as a golden age period on introducing the concept. The age limit given by the government for early age, since the child is born until the age of six years old as an important basis for the formation of the identity of his or her sexuality. Therefore, It is important that we must find the solution to prevent the violent or sexual crimes which do not happen again on the next period, so that in terms of education and particular model of sexual education in early childhood is a must.

Based on the background described, the problems of the research will be limited to sexual education for young children especially on early childhood age (0 to 6 years old). The research on the first year will focus on the model of sexual education for children to the age of 0-3 years old. On the second year of the research will continue to develop the sexual education model for children to the age of 3-6 years old. Phasing of the year led to the mastery level of sexual education at an early age with the formulation of the problem, they are:

1. What is the proper model of sexual education for children to the age of 0-3 years old?
2. What is the proper model of sexual education for children to the age of 3-6 years old?

The goal of this research is particularly to find a model of sexual education for young children (from birth to six years old). In the first year, finding a model of sexual education for children of age 0-3 years old and on the second year, finding a model of sexual education for children of age 3-6 years old. This model can be used at home as the reference for parents or caregivers and educators in early childhood institutions, both formal and informal. In the end, the child is expected to be able to understand the conditions and sexual potency in order to develop properly. If the child is able to understand early sexual potency, it is assumed that the children's future will be up to develop and to fortify themselves from acts of violence or deviation of sexual education itself.

The urgency of the research generally has the use of value both theoretically and practically to the development of science and technology and social culture (IPTEKS-SOSBUD), especially to the field of Education of Early Childhood (PAUD). The emergence of models of sexual education to early childhood is to be a reference for stakeholders and even governments as the policy making for the development of early childhood education in Indonesia.

DISCUSSION

The meaning of the Sexual education on early childhood

The education on early childhood is the effort of building up the children from the early birth age to 6 years old which is given through the provision of education plans to help the growth and development of the physical and spiritual. So that the children will have the readiness to continue on further education (Regulation of the Minister of Education and Culture No. 137 of 2014 on National Standards Early Childhood Education). If we refer to this definition, the definition of sexual education for early childhood is the development efforts aimed to the children from the birth age to 6 six years old, which is done through the

provision of a draft sexual education to promote the growth and sexual child to have readiness on continuing the further education. The design of sexual education related to gender or called as the terminology of 'sex'.

Sexual in English written with *sex* means the Sexes. While the sex or the Sexes refers to the meaning of a state of being male or female; the status of being male or female (Oxford Dictionary, 2015; 403). Sexual sense is understood also in Indonesian Dictionary as matters of sex (gender); with respect to the case of intercourse between men and women (Dictionary Indonesian; 358). However, some experts disagree that sex is always associated with the case of sexual intercourse. One of article on *Alodokter* affirms that is not always associated with sexual intercourse affairs, which is widely seen as a taboo to be discussed. They confirm that sexual education is learning about the anatomy of the body and introduction of yourself as the name of the member of body, cleaning the body and other information related to the anatomy. The purpose of sexual education is to protect and respect ourselves, learn to choose, act and be responsible (www.alodokter.com).

Similarly, on previous study conducted by Paramastri, Supriyati and Priyanto mentioned that sexual education is the education about the type of sex only, men and women. The difference of something can and can not do only. The model can be made to the implementation of sexual education is a model of early prevention; group discussion techniques and comics story (Journal of Psychology, Volume 37, 2010; 10).

Based on the explanation above, concluded that sexual education for early childhood is the effort of education aimed to the children since the birth to 6 six years old of age given with the purpose program (model). Especially on anatomy of the body and help them to know the progression of their sexuality, so that children will have sense of respect of themselves, learn to choose, act and be responsible person.

The Stage of Sexuality Progression on Early Childhood

According to Freud, stage of sexual progression on children started since the child was born. The child's stage of sexual progression follows with some phases;

1. The phase of mouth (oral stage) lasted since the child is born until the age of 12-18 months. The Baby will deeply feel enjoy on his mouth especially on some activities such as chewing, sucking and biting that will relieve the pressure feeling to the baby.

2. The phase of anal (anal stage) started from the age of 12-18 months to three years old. At this time, the introduction of toilet training can be practiced because the children have had a sensitivity to the anus.
3. Phallic stage (phallic stage) lasted from children aged three to six years. Phallic phallus comes from the word that means the male genitalia; the pleasure center is located on the genitals.
4. The phase of Latent (latency stage) takes place when a child is six years old until puberty time. Currently the children pay attention very specifically on sexual issues and develop social skills as well as the intellectually.
5. The Phase of genital (genital stage), this period lasted from puberty to adulthood (Papalia Freud in 2009; 27. Santrock, 2002: 39).

Although many people who oppose Freud's opinion, but later many experts refer to his theory in the study of science, especially on early childhood sexual development.

The Relevant Research

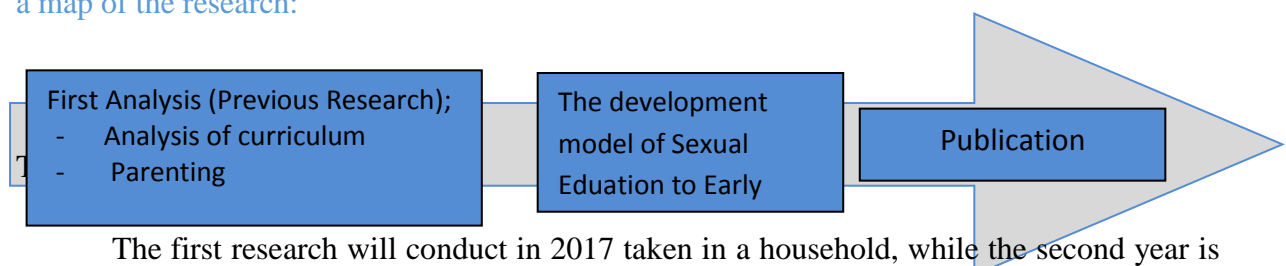
The relevant research conducted by Paramastri, Supriyati and Priyanto in Jogjakarta. The result showed that the lack of sexual education result on people make them unaware of the meaning of respect for themselves and others. These conditions led to the emergence of the sexual abuse of children that are simple to just harassing on sexual abuse. (Journal of Psychology, Volume 37, 2010; 10). Furthermore, Utami and Nanik Setyowati mentioned on their research that the violence often comes from their biological parents. Instead of educating children, they make the sexual violence on their family (ejournal.unesa.ac.id).

Other studies conducted by Banyar and William mentioning the high rate of child sexual abuse on children. This condition makes the future worst for our children. Cases handled by the researcher team showed that how difficult for children who has experienced violence to break away from fear and traumatic condition. The main solution is to provide opportunity for children to be happy, release their pressure of life and take the appropriate educational services (Banyar and William in Creswell, 2016; 313). Similarly, the condition has happened in Turkey. It is fully important that the sexual education implemented continuously because of highly sexual violence or abuse happened on that country. The results are published on the journal of child sexual abuse (www.tandfonline.com)

Based on the result of the relevant research above, it is necessary to do the next research according to the condition of Indonesian children society. The pre-Research (Pre-study) that has researcher did was to analyze the pre-school curriculum based on curriculum competency of 2008 and 2013 for early Childhood Education that recently validated (Winata: Papers Surgical Curriculum, 2008). However, the sexual education material is not really emphasize to the main problem. Indeed, there are some themes like my body, my hobby that close to introduction of themselves, but the introduction of the anatomy, function and role have not been clearly yet. The existing material especially on childhood curriculum based on competency 2008 more emphasizes to cognitive fields only.

The curriculum development was conducted on preschool curriculum formal while preliminary assessment of sexual education at the level of formal and informal education done by the efforts of community service in the form of parenting programs. The results show how a parent parenting in the home and the community do not understand what is meant by sexual education, while they are faced the changing time such as today's digital era that enable children to find out their own information through cyberspace. Meanwhile, the cyberspace (Internet) has weak point especially the spread out of pornographic images and videos. The negative impact of the Internet is also predicted to be the cause of the sexual abuse of children these days in our country. Conditions of parents who lack of knowledge that makes them more confuse on how to educate their children expressed on some questions to the researcher team. The list of questions creates an advanced to the next parenting program on Rawakaso area. The activity is called as door to door method because the approach method use house-to-house activity (visiting the house one by one). (Winata, paper Parenting in Al Akhyar Rawakaso, 2013, 2014).

Based on the previous research analysis above, the researcher is interested in creating a map of the research:



The first research will conduct in 2017 taken in a household, while the second year is in 2018 where the researcher will use an Early Childhood Education (PAUD) institution named Al Akhyar, Kampung Rawakaso, Desa Jatisari RT.18/09, Cileungsi, Bogor, Jawa Barat. Decision of locations in the certain house on the first year for those children on age of

0-3 years old are majority educated in an informal environment. The previous program that used parenting door to door method is assumed to be helped on this research. In the second year of the research (2018), the research will take place on an Early Childhood Education (PAUD) institution named Al Akhyar where the children on age of 3-6 years old have already familiar with the surroundings of outside on their house to study. PAUD generally accept children on this age. The correlation between the curriculum on early childhood support the creation of new models in the sexual education of children and their application in the broader institution.

The research method is using a model of Research and Development (R & D) developed by Borg and Gall. According to Sugiono, Research and Development (R & D) functions as a development model to be more effective, efficient and targeted (Sugiono, 2015; 28). In a simple word that the Research and Development (R & D) is intended as a method of systematic research, directed to searching and finding, formulate, refine, develop, produce and test the effectiveness of the previous best model, the newest and meaningful (Son, 2011: 67).

Research and Development (R & D) model of the Borg and Gall is applied by collecting data, developing the design, testing, test the feasibility and implementation of the product. Design tested had qualified value products that are eligible to be the implementation and publication of sexual education for young children. This research process is divided into two parts; the first year, researchers developed a model of sexual education for children aged 0-3 years and the second year, the researchers developed a model of sexual education for children aged 3-6 years. Chart research can be seen below:

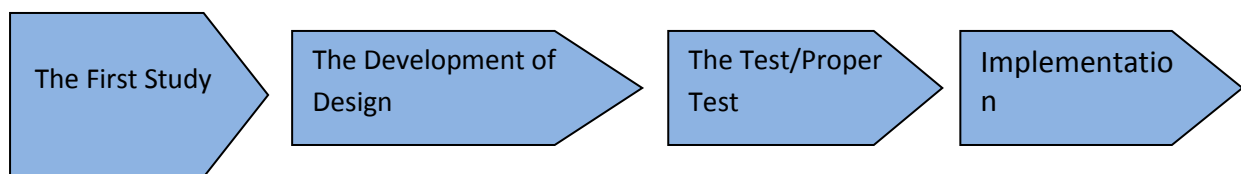


Chart of the research carried out in the first and second years of the study. The first year of the research conducted at home environment, while the second-year of the research conducted on early childhood institutions (PAUD). After the first study conducted, the

researcher designs the model of sexual education for children, tested and the test of feasibility that must be implemented.

CONCLUSION

Based on the exposure in this paper allows for the creation of models for early childhood education because there is no discussion specified on the issue about Early Childhood Curriculum. The involvement of the researchers to provide input to the government about the model that scientifically tested and implemented will create better solution. Parents are also involved as a first step in educating children at home because this is the first neighborhood children to learn. In the next stage is the pre-school as a kindergarten which has the form of standard curriculum. The Sexual Education Method must be implemented when the researcher has conducted the analysis and pre-existing curriculum on the previous research.

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